



## Ice Creek Lodge Ski Touring – Equipment Checklist

Daypack (25-35L) airbag optional  
Touring boots, skis/splitboard, poles & skins  
Repair items specific to your bindings & boots that are likely to break (if you have them)  
\*Transceiver, shovel, probe  
Wool or synthetic long sleeve baselayer shirt  
Soft shell jacket that will shed snow and breath well  
Insulating layer (ie. Fleece, wool or synthetic pullover)  
Waterproof / breathable outer jacket  
Down or synthetic fill jacket  
Long John underwear (wool or synthetic)  
Snow pants or soft shell pants & rain pants  
Wool or synthetic (moisture wicking) athletic socks  
Toque, warm snow gloves (with waterproof shells), and light gloves with good dexterity  
A lightweight balaclava or neck tube is also a good idea  
Goggles, sunglasses, sunscreen, lipbalm, sunhat  
Headlamp with good batteries  
Some toilet paper in a Ziplock bag & small lighter or extra Ziplock  
Personal blister kit, tape  
Water bladder (use warm liquid & insulated tube) or water bottle or thermos  
Camera (optional)  
Helmet (optional)

### For the Lodge

Change of dry clothes  
Bathing suit and towel for the sauna/shower  
Ear plugs, travel toothbrush/toothpaste and other toiletries  
Hut footwear

### Ice Creek Lodge Features:

Wireless internet (most of the time)  
Yoga mats and stretching aids  
2 guitars  
Ipod doc for music  
Small bar but BYOB  
Bedding is supplied

\*These items can be rented from Mountain Sense – just let us know.